



Breakfast

The USDA is an equal opportunity provider and employer.

Brought to you by



September 2016

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

--	--

--	--

--	--

Pancake on a Stick	
Honeydew	
Orange Juice	
Milk	1

Pop Tart	
String Cheese	
Pears	
Apple Juice	2
Milk	



Whole Wheat Rice Krispies	
Apple Slices	
Orange Juice	
Milk	6

Breakfast Sandwich	
Turkey Sausage, Egg & Cheese	
Fresh Watermelon	
Milk	7

Blueberry Muffin	
String Cheese	
Honeydew Melon	
Apple Juice	
Milk	8

French Toast Sticks	
Turkey Sausage	
Maple Syrup	
Mandarin Oranges	
Milk	9

Mini Chocolate Chip loaf	
String Cheese	
Banana	
Orange Juice	
Milk	12

Whole Wheat Cinnamon Roll	
Vanilla Yogurt	
Pears	
Apple Juice	
Milk	13

Whole Wheat Cheerios	
Apple Sauce	
Orange Juice	
Milk	14

Waffle Sticks	
Turkey Sausage	
Fresh Fruit Cocktail	
Orange juice	
Milk	15

Sun berry Granola Bar	
Cut Oranges	
Apple Juice	
Milk	16

Cheddar Omelet	
Pineapple Tidbits	
Orange Juice	
Milk	19

Banana Bread	
String Cheese	
Cantaloupe	
Apple juice	
Milk	20

Breakfast Burrito	
Watermelon	
Orange Juice	
Milk	21

Super Donut	
Honeydew Melon	
Apple Juice	
Milk	22

Breakfast Pizza	
Peaches	
Orange Juice	
Milk	23

Wheat Bagel with Cream Cheese	
Fruit Cocktail	
Juice	
Milk	26

Cheese Omelet	
Turkey Sausage Patty	
Cantaloupe	
Milk	27

Whole Wheat Frosted Flakes	
Banana	
Apple juice	
Milk	28

Pancake on a Stick	
Honeydew	
Orange Juice	
Milk	29

Pop Tart	
String Cheese	
Pears	
Apple Juice	
Milk	30